

H.O. /Nov 2, 2011

### **I Doubt That...I Think I Do**

There is a lot more going on with doubt than meets the eye-just like with the iceberg. We doubt God because there are often underlying issues in our hearts:

- Unresolved negative issues from our past
- Mixed motives
- Relational difficulties-current and past
- Pride
- Hidden selfishness
- Stubbornness
- Unfulfilled dreams
- Self-pity
- Financial pressures
- Scheduling pressures

These issues and pressures help make us vulnerable to doubting God...so be aware of them and DEAL WITH THEM!

**Doubt:** uncertainty of belief or lack of confidence in something.

#### **Sources of doubt:**

- **Satan**—He does this by getting us to question the Word of God
- **The world system**—it offers “worldly” wisdom to life’s problems and questions. It is limited and not of God’s wisdom (but don’t ever let faith throw away common sense!)
- **Spiritual immaturity**—Pride won’t let us admit that sometimes. God tells us that we are often double-minded and full of instability.

#### **Remedies for doubt:**

- **Confess** the doubt to God as sin- He has promised to hear you even in your darkest unbelief ([Hebrews 11:6](#))
- **Study** the evidence of the foundational truths of Christ (empty tomb, post resurrection appearances, historical confirmation of Jesus and His life)
- **Be assured in your salvation** ([Hebrews 6:1-20](#))-have a deep examination of your soul
- **Study the Word of God** faithfully
- **Pray** for it is the surest way to face doubts when they stare you in the face.

From the small to the big, God has answered our prayers because He loves us and builds us up in prayer.